

Let's Stop Bullying Together

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Bullying is a huge problem not only in Michigan, but around the United States, too. These are a few ways to avoid and stop bullying altogether.

One thing you can do is talk to someone who seems like they are being bullied and invite them to come and hang out with you and your friends. Bullies are less likely to bother kids when they are in a group. You will make the victim feel a whole lot safer, and you might make a new friend, too.

If you ever see someone being bullied, don't be afraid to stand up to the bully. Remember, people only bully other people because they feel that they gain power when they do that. If you stand up to them you will take away their power and will most likely never bother you or the person you're sticking up for again.

If you are being bullied right now remember that it won't last forever. Talk to an adult that you trust, like a parent or a teacher. Most likely they have had an experience like that, and have some good advice. If you still feel alone join a group, whether it is a youth group at church or a club at school. Being in groups like that help you gain self confidence and you will most likely gain friendships that last a lifetime.

Remember bullying is never right and it hurts everyone. Together we can change the world and make it beautiful and bully free!